

This excursion is tailor made for those who are keen on birds, crocodile and mammals. At the Kumana National Park, renowned as a paradise for nature lovers is synonymous for the large number of bird species in countless number of colours.

You will also discover a great deal of flora and fauna, religious places steeped in rich history of Sri Lanka, life of the local community, organic home gardens and organic food.

One of the most attractive features of the park are the Kumana Villu - a 200 hectare natural swamp lake, fed by the Kumbukkan Oya (a small river) through a half mile long narrow channel.

Guidelines for travelers

- When visiting Buddhist temples or any other place of worship, ensure that you are appropriately dressed. Wear tops with sleeves and pants.
- Footwear and hats should be removed when entering places of worship.
- For bathing in open places:
Women: A t-shirt and a pair of shorts.
Men : A pair of shorts.
- Women should always wear $\frac{3}{4}$ trekking trousers and t-shirts with sleeves (not reveal the shoulders).
- Trekking shoes are recommended. High heeled shoes are not advisable.
- Smoking is not well accepted among village people, especially women- smokers.
- It is advised to avoid smoking in public areas of the village.

Please turn overleaf for excursion itinerary....



Duration	– 4- 5 hours
12:00 pm	Leave the hotel.
12:30 pm	you will be welcomed by the local communities in panama, Have lunch at the local communities' home
1.30 pm	after the lunch, we will proceed to the Kumana National Park. Kumana National park
5.30 pm	Leave from the park
6.00 pm	Arrive in Arugambay.

