

This excursion begins with the morning sunrise with bird watching at the Potuvil Lagoon. You can get to know about the mangrove ecosystem of the lagoon and its benefits to the fishing industry.

You will see fishermen with their traditional fishing gear and you can join them for a fresh fish breakfast !

Next in the agenda is the visit to the **Muhudu Maha Vihara** and the famous **Sand Dunes**. You feel as though you are in desert for a moment, but the vegetation behind you, will remind you of the beautiful island you are in.

This place is famous among locals during full moon nights, where hundreds of people gather with their families in the evening to enjoy the night and many small shops are put up to sell snacks and meals.

This excursion will be enjoyed by those interested in visiting religious places and learn of their historical heritage, life of the local community, organic home gardens and organic food.

#### Guidelines for travelers

- When visiting Buddhist temples or any other place of worship, ensure that you are appropriately dressed. Wear tops with sleeves and pants.
- Footwear and hats should be removed when entering places of worship.
- For bathing in open places:  
Women: A t-shirt and a pair of shorts.  
Men : A pair of shorts.
- Women should always wear  $\frac{3}{4}$  trekking trousers and t-shirts with sleeves (not reveal the shoulders).
- Trekking shoes are recommended. High heeled shoes are not advisable.
- Smoking is not well accepted among village people, especially women- smokers.
- It is advised to avoid smoking in public areas of the village.

Please turn overleaf for excursion itinerary....





Duration	– 4 - 5 hours
Excursion Type	– Bird Watching, Mangroves & fishermen’s in action in lagoon, Mahudu Maha Vihara and sand dunes
6:00 am	Leave hotel early for Lagoon safari.
6:30 am	Reach the lagoon and join the lagoon tour with local fishermen’s and community guides. Enjoy the early morning scenery and the birds in the lagoon. You will encounter some fishermen’s and their fishing methods.
8.45 am	Back to Fishermen’s village and enjoy a village breakfast with fresh fish curry made by the village community.
9.45 am	Proceed to the Muhudu Maha Vihara, an ancient Buddhist Temple near Potuvil town.
10.30 am	Visit to Urani and see the Organic home garden
11.00am	Have “Brunch” prepared by local communities
12.00am	Back to Hotel

